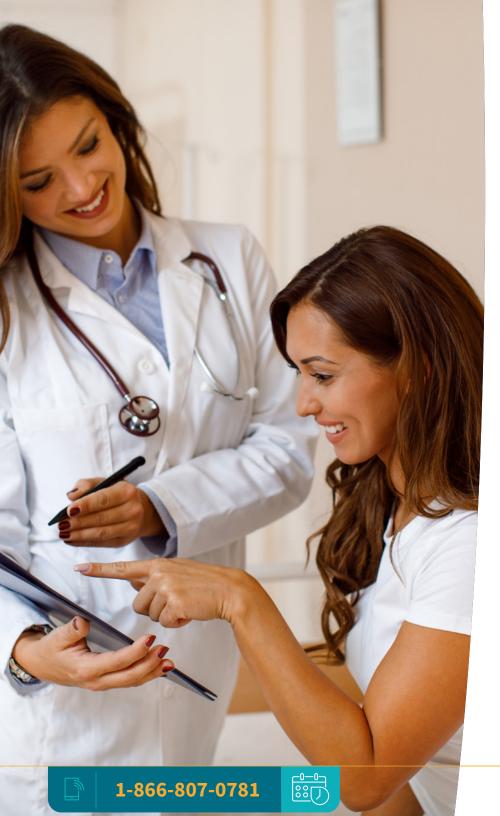


Experience health care designed for you.





# All the care you need, all under one roof.

What's at the center of Florida Blue | Sanitas Medical Center? You. We provide a whole-person approach to your health — caring for your physical, mental, and social needs. We're breaking down barriers to make your care more accessible, personalized, and connected.

Here, you'll find everything from comprehensive primary care to mental health services and specialized care programs. You can even get your lab work done on-site, so you don't have to make an extra trip. And because injuries and sickness don't wait until we're open, 24/7 virtual care is available through the mySanitas app.

Florida Blue | Sanitas Medical Center is whole-person health care in one convenient location, delivered by a team of caring, experienced medical experts focused on you.

Your partner in health, every step of the way.





## Health care designed around you



#### All under one roof

Fast access to personalized primary care, lab testing, mental health services, and so much more.



#### **Wrap-around support**

As a Florida Blue member, you'll likely benefit from low to \$0 copays for many services, making your health care more affordable.\*



#### Care personalized to you

Led by your doctor, your care team works together to provide more coordinated, comprehensive care designed just for you.



#### Always on, always by your side

Use our patient app to connect 24/7 with a Sanitas doctor, schedule a visit or manage your health from home or on the road.



## Your health, all in one place

At Florida Blue | Sanitas Medical Center, we've created a welcoming environment that brings health care closer to home. Our centers offer a full range of health solutions to support your complete well-being — all under one roof — providing seamless, convenient care focused on you.

From comprehensive primary care to specialized programs, mental health services, and wellness support, every center is designed to make your visit comfortable, compassionate, and supportive.

Experience whole-person health care made a whole lot easier.



### Meet your care team

Your expert care team consists of your primary care doctor, physician assistants or advanced practice registered nurses, and care coordinators — all working together, under one roof.

We match you with specialized care providers and programs based on your personal health needs — such as a diabetes program nurse, nutritionist, community health worker, or mental and social health specialist.

### Services at a glance

#### **Primary care**



- Annual health exams
- Disease prevention and education
- Diagnosis of illness and treatment
- Specialized care programs

#### Walk-in, same-day care



- Minor illnessFever, cold, or flu
- Cuts and wounds
- Minor sprains and fractures

#### **Lab tests**



- Blood work
- · Strep and flu
- Pap smears
- Urine and stool

#### 24/7 virtual care



- Televisits
- Consult with care team member
- Message patient services
- Mental health support
- Educational resources
- Care coordination

# 24/7 Virtual care

Some common issues we can help with:

Minor injuries

Medication side effects

Cough/sore throat

Skin rash

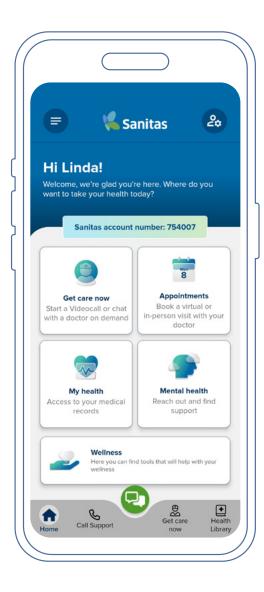
Consultation before going to the ER

Diabetic care coaching

**Nutritional consultation** 

Care navigation

# Access care anytime, anywhere with Florida Blue | Sanitas Medical Center.



# Managing your health care has never been so easy!

- Connect with Sanitas doctors and care teams 24/7 for any and immediate health care needs
- Access your medical record, health history, and details about your medications, tests, screenings, shots, and more
- Stay on the path to better mental health with educational resources and dedicated support from Sanitas behavioral health counselors
- Book and manage your appointments and get personal health notifications

Download the mySanitas app





# Always on. Always by your side.

Download and log in to experience convenient, complete care. With Sanitas, it's your health care, simplified.

#### 24/7 access

Video chat with a Sanitas provider, or message your care team to ask questions and get answers, without leaving home. When you're sick or injured after hours you can video chat to get the care you need.

#### **Save time and money**

Your dedicated Sanitas care team can treat many health issues through the mySanitas app — including urgent care issues — so you don't have to visit a center or make a trip to the ER.

Plus, you can manage appointments without making a phone call.

#### **Personal assistance**

We'll remind you when you're due for screenings, vaccines, or follow-up visits so you don't have to keep track. Plus, you'll get real-time support from your care team and health programs.





Regular checkups and screenings can help detect problems before they start. We'll ensure you and your family stay up-to-date.

#### Preventive care



#### Women's health screenings

- Pap smear
- Breast cancer screenings
- · Colorectal cancer screening
- · Height, weight, and BMI
- Blood pressure and cholesterol
- Bone density (osteoporosis)



#### Men's health screenings

- · Colorectal cancer screening
- Height, weight, and BMI
- Blood pressure
- Cholesterol



#### Well-child care

- Prevention, growth, and development
- Hearing and visual tests
- Immunizations
- Sports physicals
- Childhood diseases







# Specialized care programs



**Diabetes** 



Heart disease



**COPD** 



Respiratory



High cholesterol



Hypertension



Mental health

# Ongoing care for patients with chronic conditions

When living with a chronic condition, you need care that goes above and beyond. Get individualized care before, during, after and between visits.

#### We're here to make everyday needs a breeze:

- Referral support
- Medication management
- Education and coaching
- Nutrition planning
- Mental health programs

- Stress management
- Health and wellness classes
- Care at home
- Social and community services







#### Sanitas Care at Home

Let us help you recover and live independently after a hospital stay or when you need a little extra help managing a chronic health condition. Our doctors, physician assistants, nurses, and nurse practitioners make house calls, bringing medical care to your door in the comfort of home.

Our care is tailored to you. We get to know you and understand your needs. Through a trusting relationship, you and your loved ones can rest assured that you'll be well cared for. We monitor your progress and head off any problems, reducing the need for hospital visits and improving your quality of life.

- Health and functional assessments
- Chronic disease management
- Sick visits and follow-up care
- Medication management
- Coordination of lab tests
- · Remote monitoring, including equipment
- Care coordination between home and hospital
- Social and community support

# **Locations** | South Florida

We frequently add new centers to better meet the needs of the communities we serve. To see the most up-to-date listing of Florida Blue | Sanitas Medical Centers, please visit **mysanitas.com/locations**. And remember, the mySanitas app lets you connect virtually with our care teams 24/7 for any of your unplanned medical needs.

#### Miami-Dade \_\_\_\_\_

Buena Vista 5337 NE 2<sup>nd</sup> Ave

<u>Country Walk</u> 14409 Country Walk Dr

<u>Coral Way</u> 1313 SW 27<sup>th</sup> Ave

**Doral** 2000 NW 87<sup>th</sup> Ave

Hialeah 1060 W 49<sup>th</sup> St Homestead 600 NE 22<sup>nd</sup> Ter

Kendall 7135 SW 117<sup>th</sup> Ave

Miami Lakes 18610 NW 87<sup>th</sup> Ave

Miami Lakes Main St 15600 NW 67<sup>th</sup> Ave

North Miami 16875 NW 2<sup>nd</sup> Ave

Palmetto Bay 8950 SW 152<sup>nd</sup> St

South Miami 1430 S Dixie Hwy

West Kendall 8945 SW 162<sup>nd</sup> Ave

Westchester 9736 SW 24<sup>th</sup> St

#### Broward

Central Broward2711 W Sunrise BlvdCoral Springs3001 Coral Hills DrFt Lauderdale2150 S Andrews Ave

Hollywood 6100 Hollywood Blvd

Lauderdale Lakes 4850 W Oakland Park Blvd

<u>Miramar</u> 12507 Miramar Pkwy

<u>Tamarac</u> 7342 W Commercial Blvd

Plantation 180 SW 84th Ave

<u>Pompano Beach</u> 4925 Coconut Creek Pkwy

#### Palm Beach \_

Boca Raton 880 NW 13th St

Boynton Beach 1501 N Congress Ave

Lake Worth 5960 Jog Rd

<u>Palm Beach Gardens</u> 3401 PGA Blvd

Wellington 1397 Medical Park Blvd

West Palm Beach 1515 N Flagler Dr

#### **Specialized Primary Care Centers:**

- All Ages plus Urgent Care
- All Ages plus Urgent Care & Senior Care



# Locations | Central, North, and West Florida

#### Orange, Osceola, Polk, and Seminole

2115 W Orange Blossom Trl **Apopka** 

Clermont 2604 S Hwy 27

**Hunters Creek** 2160-4 Whisper Lake Blvd

Kissimmee 833 E Oak St

1307 E Osceola Pkwy Kissimmee

Lakeland 4310 US Hwy 98 N Longwood 1908 Boothe Cir

Metro West 5920 Metropolis Way

**NW Kissimmee** 3190 N Poinciana Blvd

8849 W Colonial Dr Ocoee

**East Colonial** 11750 F Colonial Dr

Chickasaw 258 S Chickasaw Trl

5190 S John Young Pkwy St John Young

353 Cypress Pkwy Poinciana

St Cloud 4980 E Irlo Bronson Mem Hwy

385 Cypress Gardens Blvd Winter Haven

#### Leon

Apalachee 904 E Lafayette St 1415 Timberlane Rd Killearn N Monroe 2415 N Monroe St South Tallahassee 5032 Capital Cir SW

#### Hillsborough, Pinellas, and Pasco \_

12879 Citrus Park Plaza Citrus Park Countryside 30509 US Highway 19 N 6735 Crosswinds Dr N Crosswinds

4546 Grand Blvd **Grove Park** Lake Magdalene 14821 N Florida Ave Largo 1157 Missouri Ave N 3140 S Falkenburg Rd Riverview 3617 W Hillsborough Ave Tampa

**Temple Terrace** 8793 N 56<sup>th</sup> St

#### Duval

Regency

9400 Atlantic Blvd

#### **New Centers Opening 2025**

Ocala - Central Naples - Collier Blvd

Ocala - Southwest Naples - North

Jacksonville - Duclay

Jacksonville - Windy Hill

Cape Coral

Port Charlotte - North Port

Venice

Fort Myers - South

#### **Specialized Primary Care Centers:**

- All Ages plus Senior Care
- Senior Care plus Adults Aged 50+





# Getting in touch



1-866-807-0781



\* \$0 Value Choice Provider (VCP) primary care visits, \$0 for first two (2) VCP urgent care visits and reduced cost shares for VCP specialist visits do not apply to all Florida Blue health plans. Check your Florida blue plan details for the VCP cost share for your plan. If your plan does not include a VCP reduced cost share benefit, VCP services will be covered at the cost share amount that would apply to non-VCPs. Value Choice Provider is a designation Florida Blue gives to some in-network providers including Sanitas and Florida Blue | Sanitas.

Sanitas Medical Center is an independent healthcare organization, serving Florida Blue (or other Blue Cross Blue Shield plans) members, Original Medicare patients, and self-pay patients.

Florida Blue is an Independent Licensee of the Blue Cross and Blue Shield Association.